POULOMI MONDAL

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**Professional Experience:**

**Academic Content Researcher**

Sunflower Tech,

2.6 years (30 months) (September 2021-present)

* Expert in designing research project and assignment of students from University of the United States and the United Kingdom
* The project and research paper based on Business Management, Marketing, MBA courses, Healthcare and Psychology
* Working with the clients who have been associated with the students, have been studied in college and universities of the UK and U.S and completed their project based on criteria or demand of the research paper

**Academic experience:**

* Completed an internship program (8 months) on clinical psychology from ‘Pavlov Mental Hospital’ (Calcutta National Medical College and Hospital, 2nd Campus) and certified as trained intern from the respective authority.
* Recorded detailed information about patient and their family, including- the problem, duration of problem, family life, no. of family member, communication in between family, general appearance, behavior, mood etc.
* Assessed the disorder according to patient’s responses as communicated to senior psychologist/supervisor.
* Administered test (if it is necessary) for knowing the range of severity of the problem in presence of the psychologist/supervisor.
* Analysed the result of the administered test.
* Prepared a management plan for the patient through a discussion with supervisor.
* Gained an academic experience to handle patients having mental disorders of depression, anxiety, post-traumatic stress disorder, bipolar disorder, mood disorder and many more.
* Had a professional experience of forming counseling sessions for the children with parents, couples, married couples, adults and others during internship program.

**Educational Qualification:**

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| **Degree** | **Year of Passing** | **Class/Division** | **Board/University** |
| M.sc (Psychology) | 2021 | 1st division (67%) | Indira Gandhi National Open University (IGNOU) |
| B.sc (Psychology) | 2016 | 2nd division (59%) | University of Calcutta (Jogamaya Devi College) |
| Higher secondary | 2013 | 1st division | WBBHSE(Behala Sharda Vidyapith for girls) |
| Secondary | 2011 | 1st division | WBCSE(Behala Sharda Vidyapith for girls) |

**Project Experience:**

**Project experiences at National Institute of Speech and Hearing Disability, (Divyangjan), Kolkata [Rehabilitation Council of India affiliated] (Sep19- Mar20 )**

**Project Title:** A comparative study on parent child relationship, self-concept and adjustment among children with hearing loss and their normal counterparts

**Background**: Speech is a form of language in which articulated sounds or words are used to convey meaning. It is a motor mental skill. It not only involves the coordination of different teams of muscles of the vocal mechanism but it also has a mental aspect—the association of meanings with the sounds produced. But sometimes children felt difficulties to produce sounds, organize words and so on, it may happen because of their brain or vocal cord injury, genetic problems, polyps on the vocal cord etc. One of these speech problems occur due to Hearing Loss**;**

“A person who is not able to hear as well as someone with normal hearing – hearing thresholds of 25 dB or better in both ears – is said to have hearing loss” (Source: WHO).

This study revolves around to assess that children with hearing impairment might faced difficulties and subsequently the problems emerge in their family and their social existence.

**Hypothesis:** This study is designed to assess the hypothesis that children with hearing loss possess a significance difference in terms of the parent child relationship, self-concept and adjustment as compared to their normal counterparts.

**Methodology:**

**Sampling:** A total sample of 80 children aged between 5-17 years (Among them 40 children having hearing loss and remaining with the normal counterparts) were collected from Ali Yavar Jung National Institute of Speech and Hearing Disabilities (Divyangjan).Purposive random sampling followed for the collection of data with prior informed consent from the respondents. Criteria and Characteristics of hearing loss in children properly defined while taking data.

**Tools Used:** Parent child relationship scale, self concept scale and adjustment scale

**Statistical Analysis**: A raw score is calculated based on the sample using the scales. Now in order to determine if there is a significance difference between the mean of two groups, we performed t test.

**Results**: Found a significance difference at 0.05 level in parent child relationship (in terms of following attributes i.e. Rejecting, Protecting and Indifferent), Self-concept, and Adjustment (in terms of following attributes i.e. Social, Emotional) among children with hearing loss and their normal counterparts.

**Conclusion:** Child having hearing difficulty face problem in parent child relationship (in Rejecting, Neglecting and Indifferent), Adjustment specifically in Social and Emotional Adjustment, and Self concept also, rather than children without hearing loss. Difficulties in Social and Emotional adjustment lead to develop low self-concept consisting significant relationship.

**Skills:**

* Expertise in diagnosing, identifying, and treating various psychological conditions
* Dedication for work and passion to succeed
* Software-MS-Office (basic and advanced)
* Excellent communication skills
* Language proficiency- English, Bengali, Hindi
* Have a quality for adopting new concepts of studies as well as responsibilities
* Able to achieve immediate and long term goals
* Emotional Intelligence

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