

# Curriculum vita

**Ms. ABIRA ROY**

*B.sc(H), M.sc, PCG*

*Counseling Psychologist*

Contact details

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## ➤ Academic Qualifications:

EXAM	INSTITUTION & BOARD	PASSING YEAR
SECONDARY	West Bengal Of Secondary Education	2016
HIGHER SECONDARY	West Bengal Council Of Secondary Education	2018
B.SC(H) PSYCHOLOGY	Kazi Nazrul University(CBCS System)	2021
M.SC APPLIED PSYCHOLOGY (REHABILITATION PSYCHOLOGY)	Kazi Nazrul University(CBCS System)	2023
BASIC OF COMPUTER APPLICATION COURSE	Institute Of Computer Hardware Technology	2023
PG CERTIFICATE COURSE ON PSYCHOLOGICAL COUNSELING AND GUIDANCE	Sidho-Kanho-Birsha University	2024

## ➤ Internship experiences:

- Internship at Eastern Coalfields Ltd. (A Subsidiary of coal India Ltd.) Central Hospital Kalla, Asansol, (1 Month in 2023).
- Internship at Asansol District Hospital (2 Months in 2023 ).
- Internship at Asansol Anandam (A Special Child Development Center) (2 Month).
- Outpatient Department at KaziNazrul University Applied Psychology Department Asansol , West Bengal (1 years in 2022-23).
- As a speaker for an awareness programme on mental health issues among student at Asansol Institute of Engineering and Management-Polytechnic.

## ➤ Research writing experience:

- Completed a dissertation on “Parenting Style and Resilience among Working Mothers:A Comparative Study” under the guidance of Dr Urbi Mukherjee.

➤ **Work experiences:**

- Work as a intern at Dr.P.P. Kundu's (Consultant Neuropsychiatrist) chamber.
- Work as a counselling psychologist at Centre of Mind & Behaviour (11/23-11/24).

➤ **Certificate:**

- On Intellectual Disability, offered by NSDC through Skill India Digital.

➤ **Hobbies:**

- Drawing
- Gardening

➤ **Languages:**

- Bengali (mother tongue )
- Hindi
- English

➤ **Family Details :**

Details	Name	Occupation
<b>Father</b>	Tushar Kanti Roy	Pathologist
<b>Mother</b>	Purnima Roy	Nurse

➤ **Address:**

- Vill – Pubra, Post: Madanpur, P.S: Andal, Dist: Paschim Burdwan, Pin:713321.

➤ **Strength:**

I am honest, sincere, have an indomitable urge to know others empathetically and observe non-judgmentally. I am an active listener and able to adapt counselling techniques to suit the individual needs and circumstances of clients, remaining flexible in approach while maintaining professional boundaries. Also, I possess strong organizational and time management skills. Even I am fluent on the computer, and most importantly, I am good in nature.