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|  | MOUMITA SARKAR   |  |  |  |  |  |  |  |  |  |  |  | | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | | |  |  | | --- | --- | |  | Flat - A1, Pratiksha Apartment,  19, Banamali Naskar Road,  Kolkata, INDIA 700 060 | |  | +91 9433551235, +91 8981199768 | |  | moumita\_sarkar87@yahoo.co.uk | |  |  | |  |  | |

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| Personal Summary | Enthusiastic teacher with several years of experience instructing students with wide range of learning abilities. Committed to creating motivational and collaborative learning environments that encourage wellness, social and emotional growth of students. Strategic in blending organizational skills thorough educational background. Works well with children, parents, colleagues and supervisors. |

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| Skills | |  |  | | --- | --- | | * Personalized coaching * Group classes * Life balance strategies * Wellness assessment * Holistic health awareness | * Workplace wellness * Healthy lifestyle advocacy * Relaxation techniques * Mental health support * Health education |   .. |

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| Job Experiences | Assistant Geography Teacher    *DON BOSCO SCHOOL*, Liluah  Assistant Geography Teacher    *K.E. CARMEL SCHOOL*, Sarisha  Assistant Geography Teacher    *D.A.V. PUBLIC SCHOOL*, Bishnupur  Internship    *ANTARA PSYCHIATRIC HOSPITAL & REHABILIITATION CENTRE*, Baruipur |
|  | Internship    *NIL RATAN SIRCAR MEDICAL COLLEGE & HOSPITAL CENTRE*, Kolkata |

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| Educational Qualification | IGNOU, 2025  M.A. : Psychology    Netaji Shubhas Open University, 2017  M.A. : Education    Vidyasagar University, 2014  M.Sc : Geography    Calcutta University, 2011  B.Ed : Geography & Work Education    Gokhale Memorial Girl's College, 2009  B.Sc : Geography (Hons)    Beltala Girls' School, 2006  Class XII    Alipur Multipurpose Govt. Girls' School, 2004  Class X |

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| Extracurricular Activities | Participated in both INTER & INTRA SCHOOL DRAMA & DANCE COMPETITIONS Participated in various ATHLETIC EVENTS OF SCHOOL SPORTS |

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| Personal Information | * Father's Name: LATE KALIPADA SARKAR * Date of Birth: 24/06/1987 * Marital Status: Married |

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| Accomplishments | * **CTET – 2021** |